

SEPTEMBER 2023

Mon	Tue	Wed	Thu	Fri
		<p>“This Institution is an Equal Opportunity Provider”</p>		<p>01</p> <p>NO SCHOOL</p>
<p>04</p> <p>NO SCHOOL</p>	<p>05</p> <p>Pepperoni or Cheese Pizza Rueben Wrap or Cuban Wrap Or Apple Chicken Salad Caesar Salad Sliced Peaches Low Fat Milk</p>	<p>06</p> <p>Shrimp Po Boy Bowl Or Whole Grain Breaded Chicken Nuggets Seasoned Rice Creamy Coleslaw Spicy Remoulade Fresh Apple Slices Low Fat Milk</p>	<p>07</p> <p>Taco Pizza or Buffalo Chicken Wrap Or Creamy Chicken Enchiladas Fresh Fixings Asst Doritos Fresh Melon Blend Low Fat Milk</p>	<p>08</p> <p>BBQ Meatballs or Homestyle Chicken Tenders Wild Rice Blend Glazed Carrots Dinner Roll Chilled Applesauce Low Fat Milk</p>
<p>11</p> <p>Whole Grain Breaded Chicken Pattiy Or Hot Dog on a Bun Macaroni and Cheese Mixed Vegetables Fresh Apple Slices Low Fat Milk</p>	<p>12</p> <p>Cheeseburger Bowl Seasoned Ground Beef Or Homestyle Chicken Bites Potato Rounds Fresh Toppings Burger Sauce Warm Breadstick Fresh Fruit Mix Low Fat Milk</p>	<p>13</p> <p>French Dip Sandwich or BBQ Rib Sandwich Seasoned Peas Baked Chips Fresh Banana Low Fat Milk</p>	<p>14</p> <p>Burrito Bowl Pork Carnitas or Seasoned Chicken Cilantro Rice Seasoned Black Beans Tortilla Chips Fresh Strawberries Low Fat Milk</p>	<p>15</p> <p>Chili Cheese Fritos or Foot Long Hot Dog Baked Potato Steamed Broccoli Sliced Pears Low Fat Milk</p>
<p>18</p> <p>Popcorn Chicken or Shrimp Poppers Mashed Potatoes w/Gravy Whole Kernel Corn Dinner Roll Pineapple/Mango Mix</p>	<p>19</p> <p>Breakfast Bowl Scrambled Eggs w/Bacon Seasoned Potatoes Diced Ham Sausage Crumbles Onions and Peppers Fresh Pico De Gallo Vanilla Yogurt w/Toppings Iced Cinnamon Roll Low Fat Milk</p>	<p>20</p> <p>Mozzarella Stuffed Breadsticks w/Marinara Sauce Or Mini Corn Dogs Green Bean Bake Fresh Baked Cookie Fresh Red Grapes Low Fat Milk</p>	<p>21</p> <p>Chicken Alfredo or Marinara Meat Sauce Rotini Pasta Warm Breadstick Seasoned Broccoli Chilled Applesauce Low Fat Milk</p>	<p>22</p> <p>Pepperoni or Cheese Pizza Or Chuckwagon Wrap or Chicago Dog Style Salad Taco Salad Fresh Melon Blend Low Fat Milk</p>
<p>25</p> <p>Chili Crispito or Quesadilla or Southwest Chicken Wrap Fresh Fixings California Blend Vegetable Chilled Applesauce Low Fat Milk</p>	<p>26</p> <p>Walking Taco or Chicken Fajita Fresh Fixings Whole Kernel Corn Fruit Filled Churro Fresh Watermelon Slice Low Fat Milk</p>	<p>27</p> <p>Ham, Turkey or Roast Beef Fresh Baked Sub Bun Fresh Fixings Baked Chips Fruit Juice Mandarin Oranges Low Fat Milk</p>	<p>28</p> <p>Chicken Parmesan or Hamburger Stroganoff Rotini Pasta Winter Blend Vegetables Warm Breadstick Fresh Fruit Mix Low Fat Milk</p>	<p>29</p> <p>Cheeseburger on a Bun or BBQ Pork Sandwich French Fries Baked Beans Creamy Coleslaw Fresh Apple Slices Low Fat Milk</p>